

# ADM HOUSE LEAGUE SCHEDULE

**THERE WILL BE A 10% DISCOUNT  
FOR SIGNING UP FOR BOTH SESSIONS**

THE LEAGUE CONSISTS OF TWO DIVISIONS -  
A MINI MITE DIVISION WITH U6 AGED PLAYERS AND  
A JV DIVISION FOR 7-9 YEAR OLDS. EACH DIVISION HAS  
TWO SESSIONS, SCHEDULED AS FOLLOWS:

## FALL SESSION

September 30, 2017 - December 17, 2017

## WINTER SESSION

January 7, 2018 - March 18, 2018

### MINI MITE U6 GAME TIMES:

Sundays 7-8am

### MINI MITE U6 SKILLS TIMES:

Saturdays 7:40-8:40AM & Mondays 5-6PM

### JV 7 yrs - 9 yrs GAME TIMES:

Sundays 7-8am

### JV 7 yrs - 9 yrs SKILLS TIMES:

Saturdays 7:40-8:40AM & Mondays 5-6PM

[www.arrowsyouthhockey.org](http://www.arrowsyouthhockey.org)

## ARROWS YOUTH HOCKEY REGISTRATION FORM

PLEASE PRINT

PLAYERS FIRST NAME LAST NAME

ADDRESS

CITY STATE ZIP CODE

AGE PLAYERS DOB

E-MAIL CONTACT NUMBER

PRINT PARENT/GUARDIAN NAME

FALL SESSION  
 WINTER SESSION  BOTH

PAYMENT METHOD:

CHECK # CASH AMOUNT PD

CHECK OFF THE PROGRAM(S) YOU ARE REGISTERING FOR:

- LEARN TO SKATE U10 \$300
- ADM U10 DEVELOPMENTAL CLINIC \$1000
- CROSS ICE HOUSE LEAGUE
  - MINI MITE U6: Fall or winter \$800
  - JV-7yrs - 9yrs: Fall or winter \$800
  - MINI MITE BOTH SESSIONS \$1440 (With Discount)
  - JV HOUSE LEAGUE BOTH SESSIONS \$1440 (With Discount)

There will be a 10% discount for signing up for both sessions

I hereby agree that ARROWS YOUTH HOCKEY, its officers, servants, agents, and employees shall not be held liable for any and all injuries resulting directly or indirectly from his/her participation in ice-skating, playing hockey, and/or receiving instruction on the ice or otherwise in and about the premises. I further agree to indemnify and save ARROWS YOUTH HOCKEY, its officers, servants, agents, and employees harmless from all costs and expenses that may result from any breach of this agreement.

PARENT/GUARDIAN SIGNATURE DATE

MAIL COMPLETED REGISTRATION FORM TO:

Carol Oldmixon  
4 Nassau Street  
Massapequa, NY 11758

CHECKS MADE OUT TO: Arrows Hockey



DEVELOPMENTAL  
**ARROWS**  
HOUSE LEAGUE  
YOUTH  
TRAVEL TEAMS  
**HOCKEY**



## ADM LEARN TO SKATE

The LTP Program is for the FIRST time hockey player and is open to players ages U10. It includes all the equipment needed to get on the ice; hockey skates, helmet, gloves, shin guards, neck guard, hockey stick, shoulder pads, socks, hockey pants and elbow pads. All new and custom fitted from Play It Again Sports in Massapequa or Wheelen' Whilly's Skate Shop in Wantagh. Also included in this program are four instructional ice sessions. Our innovative program makes the 1st steps on the ice affordable for players and their families. The LTP program is available throughout the entire hockey season.

**TUITION:** \$300

**DAYS/TIME:** Saturdays, 7:40-8:40AM  
Mondays, 5-6pm

**SEASON:** September through March 18, 2018  
**OPEN ENROLLMENT STARTS UNTIL FULL:**  
September 30, 2017

The ADM Developmental Clinic is designed for the beginner player ages U10 and is recognized as one of the finest on Long Island. This is a basic hockey skills clinic based upon the USA Hockey American Developmental model for successfully developing American hockey players. It is a tool that will ensure every kid will have the same chance to succeed. Essentially, it is a set of guidelines designed specifically to help kids reach their full potential.

The USA Hockey ADM is an all inclusive program starting from the U10 (Under 10 years old) and Learn to Play (LTP) levels all the way to elite athletes competing at the Professional level. It defines what is to be emphasized at what age to ensure proper skill development for each age level. The ADM also defines how much and what kind of competition is needed at each level.

The ADM Developmental Clinic will involve skating and puck handling development through fun games and drills on ice using multiple "skill stations" managed by USA Hockey Registered Coaches.

**TUITION:** \$1000

**DAYS/TIME:** Saturdays 7:40-8:40AM, Mondays 5-6PM  
**SEASON:** September 30<sup>th</sup> - March 18, 2018

## ADM DEVELOPMENT CLINIC

Our ADM HALF ICE HOUSE program is designed for the beginner through intermediate player who has very basic experience in skating and hockey. Stress will be placed on skill development and decision making in small area games where skating and stick handling skills will be combined to build a base for the player to move to the next level. It is about allowing the player to have fun and improvise in a "Pond Hockey" environment while following the guidelines on USA Hockey's American Development Model (ADM). Each player is to receive a jersey to be used during weekly games. The amount of registrants will determine number of teams.

## ADM HALF ICE HOUSE LEAGUE

**MINI MITE U6 TUITION:**

\$800 per session (fall or winter)\*

**JV 7yrs-9yrs TUITION:**

\$800 per session (fall or winter)

**SEE SCHEDULE ON BACK SIDE OF BROCHURE**

## BOYS AND GIRLS PROGRAMS 2017 - 2018 SEASON

# FUN AND GAMES

FROM THE BASICS OF HOCKEY TO COMPETITIVE PLAY

# SHOOT AND SCORE



### IMPORTANT NOTICE!!!

If joining one of our programs, it is mandatory that every player be registered with USA Hockey for insurance purposes. For children under 6 the insurance is free, for those older the price is \$40. Please go to [www.usahockeyregistration.com](http://www.usahockeyregistration.com) to register. The site will allow you to print out your barcode registration. Please bring that to the rink the first day of the program. To ensure you get your barcode, please be sure to complete STEP 4 of the USA Hockey registration process - Confirmation and Print.

### NEED MORE INFORMATION:

**CALL: ROB ALBI at 516-351-8562**

**[www.arrowsyouthhockey.org](http://www.arrowsyouthhockey.org)**

